



# ***Delivering the Goods***

## ***Harmonizing Regulated and Agile Practices***





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**Consultant / Coach**

**Agile / Testing / Regulatory**

## ***This Presentation Covers ...***

- **My 25+ year prior history with this topic**
- **Five “Hows” to Be Agile and Compliant**
- **Case Study of a Med. Device company’s Agile and Regulated Practices**
- **Your Questions**

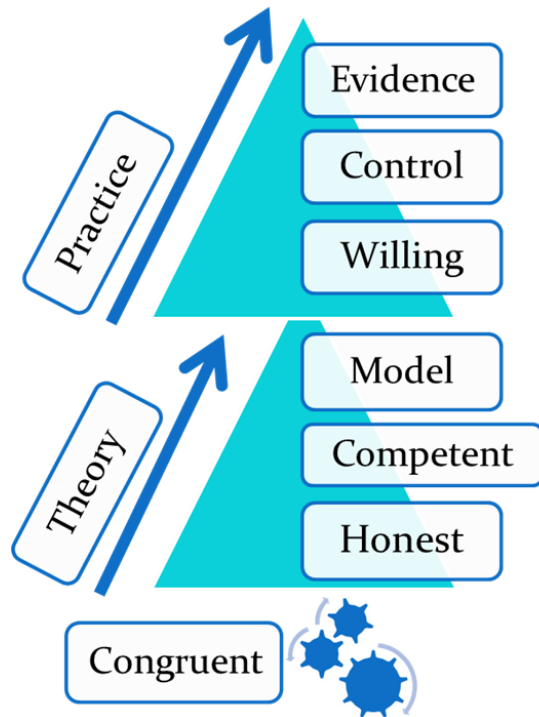
# THE PROBLEM

*Conforming to Regulations while  
Preserving Agile Practices*

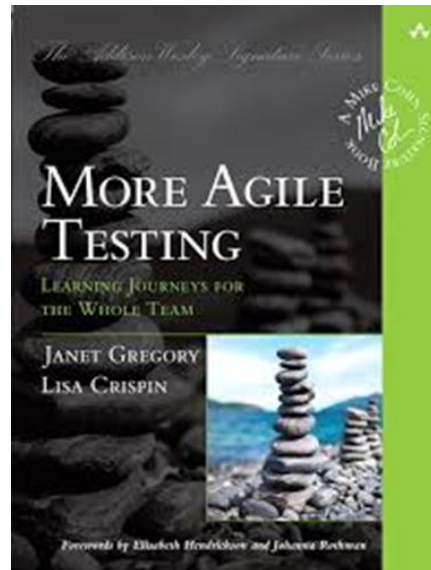
## SOLUTION PATH

- **Establish Specific Goals**
- **Define Deliberate Development**
- **Implement Risk Mitigation**
- **Generate Evidence and**
- **Close Gaps**

# SOME OF MY HISTORY



*What is Good  
Evidence?*



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# A FRAMEWORK

## *Theory*

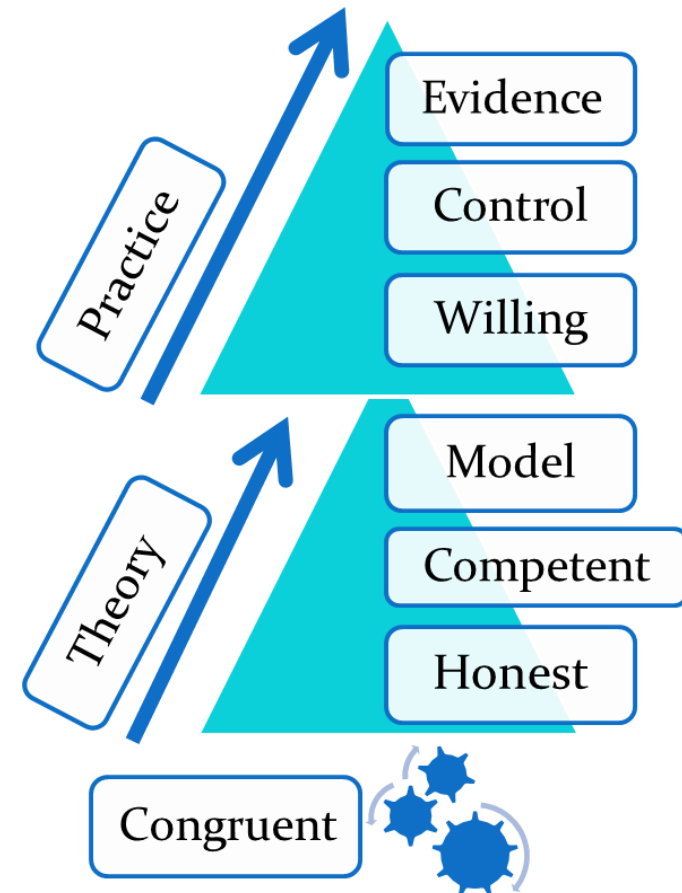
- Principles and Mindset

## *Practice*

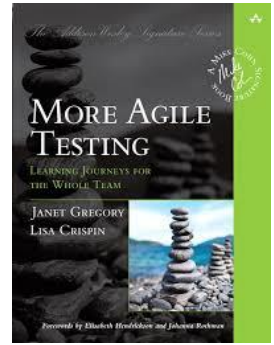
- Behaviors and Actions

## *...While Congruent*

- Centered and Healthy



# META-EXECUTION ...



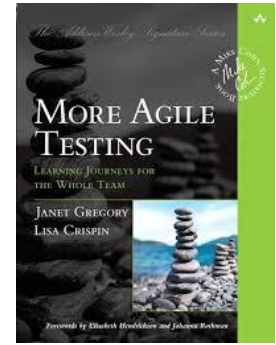
## *Regulatory Compliant Agile Testing*

- **Would stakeholders be happy if they saw/heard what I am doing right now?**



- **Is it important to share this information in the future?**

# ... META-EXECUTION



## *Regulatory Compliant Agile Testing*

- What is the most effective and efficient way to **Memorialize** this information – without breaking flow?
- Specific project “Hows” just become context specific details.



# GOOD EVIDENCE

## *Regulatory Compliant Agile Testing*

- Types and Qualities of Good Evidence

*What is Good  
Evidence?*





# THE FIVE HOWS ...

## *Establish Specific Goals*

- How are you Regulated?
- What are the Expectations?
- Find your specific auditor's playbook



The screenshot shows the FDA website interface. At the top, it displays the U.S. Department of Health and Human Services logo and the FDA U.S. Food & Drug Administration logo. A search bar is visible with the text 'Search FDA'. Below the navigation menu, the page title is 'Inspections, Compliance, Enforcement, and Criminal Investigations'. The breadcrumb trail reads: 'Home > Inspections, Compliance, Enforcement, and Criminal Investigations > Inspection References > Inspection Guides'. A blue button labeled 'Inspection Guides' is highlighted, and the main heading 'Inspection Guides' is displayed below it.

# ... THE FIVE HOWS ...

## *Define Deliberate Development*

- **Establish**
  - **Write, Draw, Explain - Development**
  - **Does it accomplish the Goal?**
  - **Are you capable of doing it?**
- **Maintain**
  - **Train and Sustain**

# ... THE FIVE HOWS ...

## *Implement Risk Mitigation*

- **What can you foresee could go wrong?**
  - **Make a list, track, and manage it**
- **Be Reasonable and Prudent**
- **Nothing is Riskless**
  - **Some Risks gets accepted**



# ... THE FIVE HOWS ...

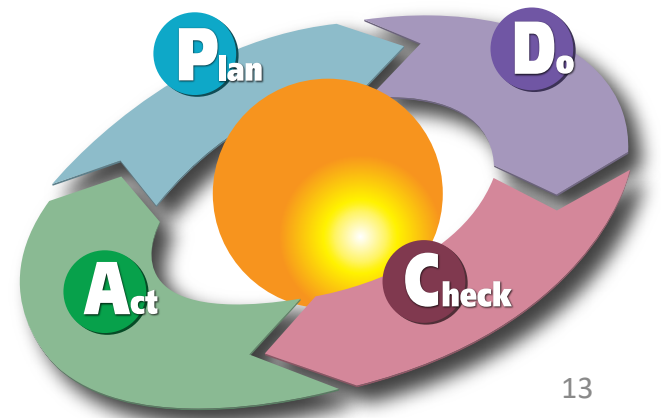
## *Generate Evidence*

- **If it is part of the official story**
  - **Memorialize it**
  - **Always add, never destroy**
  - **Include who, what, when, and why**

# ... THE FIVE HOWS

## *Close Gaps*

- **Review and Revise**
  - **Retrospectives**
  - **Show Corrections and Improvements**
- **Show you are Under Control**
- **Don't require Perfect**



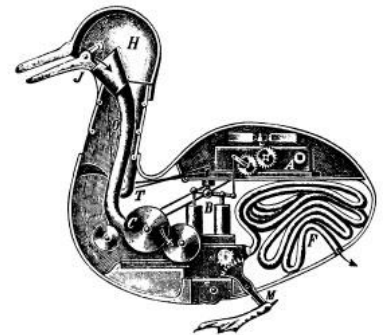
# “MEDDEV” CASE STUDY



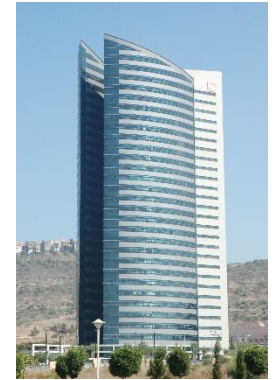
# BEFORE WE START

## *System Thinking is needed*

- Holistic approach focusing on the way that a system's constituent parts interrelate
- **Complex behaviors** over ever-smaller defined parts



# MEDDEV



## *Company and Products*

- Develops and manufactures **medical devices** used by doctors in hospitals
- Devices manage and change vast amounts of **diagnostic data**
- Several national and international **regulations**
- Internal project governance which **mandates** practices related to regulatory compliance via the **Quality System**



# MEDDEV TEAMS

## *Teams*

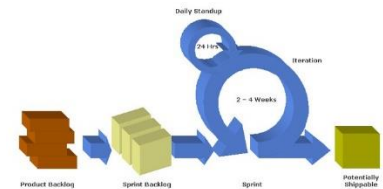
- Domain experts and software development
- About **130 team members** are organized into **8 scrum teams**
- 50% employees, 50% are contractors
- Each scrum team is responsible for an **independent component** of MedDev's product



# MEDDEV SCRUM

## *Scrum*

- Using a scrum framework for **18 months** that inherited some practices from the former Waterfall approach
- Scrum team is **comprised of** programmers, testers, subject matter experts and analysts
- Each scrum team has a **scrum master** and a **product owner**



# MEDDEV REG. COMPLIANCE

## *Regulatory Compliance*

- MedDev has a team of regulatory compliance experts composed of a **dozen domain experts**
- Each expert has deep knowledge of relevant regulations for MedDev. Regulations may relate to product development, client onsite trials and system operations.
- RegComp experts act as **advisors** to Product Owners

# MEDDEV REG. COMP. GROUP

## *Regulatory Compliance Group*

- **Representative** to Agencies, Customers, and Suppliers
- RegComp establishes and maintains the MedDev **Quality System** and SOPs to the associated regulatory requirements and compliant practices
- RegComp **trains** everyone relating to regulatory compliance as expressed in the **Quality System**

# MEDDEV QUALITY SYSTEM

## *Quality System*

- The overarching controlling Policies and Procedures of MedDev
- Required by **Law**
- **Examined** by Governmental Agencies and Customers



# MEDDEV SPRINTS

## *Sprints*

- MedDev scrum sprints are **two weeks** long
- After each sprint **compliance evidence** is delivered to the RegComp
- This information is assembled into a package (**Design History File**) which is made available to internal and external auditors as needed
- **No special tasks** are required to create the regulated artifacts

# MEDDEV DONE



## *Done Checklist*

- Indicates what it means for a requirement to be completely implemented
- Constructed by the team, but **informed** by the Quality System and requirements from the RegComp group
- The product owner and the team agree on what it means for a story to be done

# MEDDEV PRODUCT BACKLOG

## *Product Backlog*

- The team product owner manages requirements with a product backlog
- Includes requirements which may be in the form of a user story
- May include a story that **encapsulates** a traditional specification
- Product Owner manages the product backlog



# MEDDEV RELEASE PLANNING

## *Release Planning Event*

- When a new project starts the scrum teams holds a release planning event
- During release planning, **regulatory risks** and regulatory practices are **reviewed**
- RegComp team is available to the scrum teams for **consultation**

# MEDDEV BACKLOG REFINEMENT

## *Backlog Refinement*

- Scrum teams have **standard** refinement sessions which may include RegComp to detail product backlog entries
- Refined backlog entries have may be tagged as needing **special** regulatory compliance attention, e.g., Link to Program Risks
- Story size is in Story Points

# MEDDEV SPRINT PLANNING

## *Sprint Planning*

- Standard negotiation re: what is in the Sprint
- Stories are decomposed into Tasks and Associated Hours
- Regulatory compliance is **built into** the normal work - capturing artifacts as required



# MEDDEV DAILY STANDUP

## *Daily Standup*

- Scrum teams have standard daily standup meetings
- Per their training, team members also **raise any concerns** they may have related to regulatory compliance
  - RegComp is then consulted

# MEDDEV TRACEABILITY

## *Tracability*

- Scrum teams **trace their software testing, programming activities to requirements and design artifacts**
- This information is **delivered** to the RegComp team at the end of the sprint

# MEDDEV SPRINT DEMO

## *Sprint Demo*

- Standard demo to stakeholders including members of the RegComp team



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# MEDDEV RETROSPECTIVES

## *Retrospective*

- Standard scrum team retrospective
- Suggestions that would modify or reinterpret the Quality System are a conversation with RegComp



# MEDDEV RELEASE

## *Release*

- Stories completed in the sprint require **no further software engineering work** and are potentially shippable product
- ...but there is a set of **additional 1 to 4 weeks** of Program Level activities performed by back office, non-scrum teams to transform potentially shippable product into **official shippable product**



# MEDDEV VERSION CONTROL

## *Version Control and Archiving*

- Per the Quality System, artifacts the scrum teams create and reference are in version control systems which can be **audited** (with zero notice) by members of the RegComp team and external stakeholders.
- The archive is preserved for **17 years** after the last sale of the product

# SUMMARY

## *Execute the Five “Hows” in your Context*

- **Establish Specific Goals**
- **Define Deliberate Development**
- **Implement Risk Mitigation**
- **Generate Evidence and**
- **Close Gaps**

# QUESTIONS AND STORIES



***Delivering the Goods***

***Harmonizing  
Regulated and Agile Practices***



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***Thank you for attending this session.***

***Griffin Jones***



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