

Agile + DevOps **EAST**

A TECHWELL EVENT

AT18

Agile Practices

Thursday, November 8th, 2018 3:00 PM

Limitless by Choice: Discover Your Team's High-Performing Potential

Presented by:

Jessica Soroky

Pendo
,

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Jessica Soroky

Jessica Soroky is Director of Agile Practices for Pendo. As a Certified ScrumMaster, certified Red Belt Collaboration Architect, and the youngest accredited Leadership Gift Coach, she is driven by her passion for people. She has worked in the corporate world since the age of nineteen and has a diverse background of experience across industries, including insurance, pharmaceuticals, utilities, and finance. She deeply believes in teaching through demonstration and seeks to spread personal responsibility, agility, and choice, no matter where she goes.



LIMITLESS
BY
CHOICE

Building a limitless team starts with building a limitless YOU.

Jessica Soroky

Director of Agile Delivery
CSM, LGAC, AHF, HoAc

Personal and Group Coach - Helping individuals and teams unlock their limitless potential.



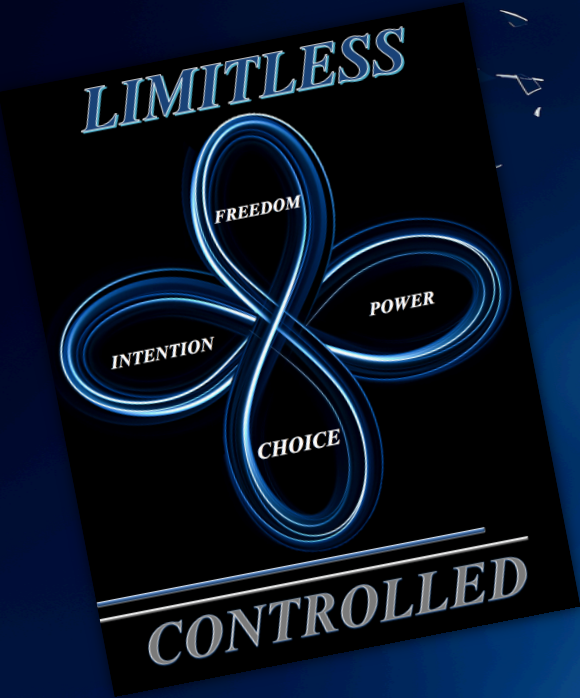
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How can you create
a LIMITLESS
team if YOU aren't
LIMITLESS
yourself?

Wake Up!



It's ALL your CHOICE.



LIMITLESS

FREEDOM
POWER
CHOICE
INTENTION

CONTROLLED

What's it mean
to be
LIMITLESS?

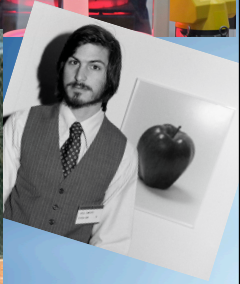
**JUST YOU
ALL YOU
ALWAYS**



NO EXCEPTIONS!

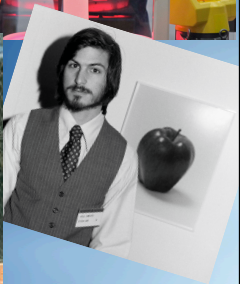
Building Muscles

Nothing happens overnight...



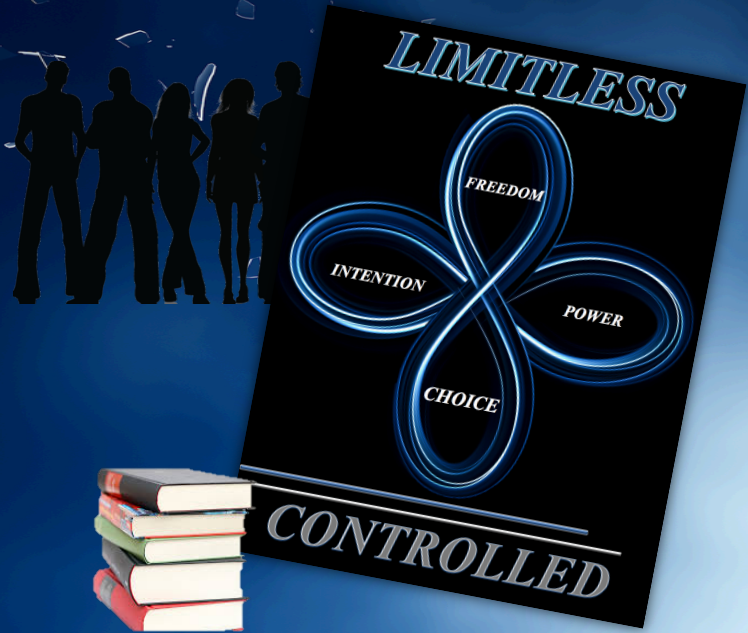
Building Muscles

For a lifetime not a championship or a big payday.



Building Muscles

1. Awareness



Building Muscles

1. Awareness
2. Introspection



My inner voice - "You aren't good enough, or smart enough or pretty enough."

I don't have enough experience or the right job title on my resume to apply for _____

I've failed at this once, why try again?

I DON'T HAVE A CHOICE...

What limitations do you allow to control you?

What do your freedom look like?

Making a living by teaching, choice, writing books, and travel constantly.

Sign up 2-3 more clients and monetize group coaching

Positive, forward moving, intentional

ALL OF THEM. ALL THE TIME.

What are your intentions?

How do you want to use your power?

What choices do you have?

What does it mean to you to be limitless?

- 100% self trust
- Confidence to respond to anything anytime
- Reckless forward motion
- Intentional language
- Living at choice 100%
- Self-fulfilled

Building Muscles

1. Awareness
2. Introspection
3. Self Trust

The image shows a person walking a tightrope, symbolizing balance and self-trust. The background is a bright sun in a blue sky with scattered clouds. The overall theme is building muscles through awareness, introspection, and self-trust.

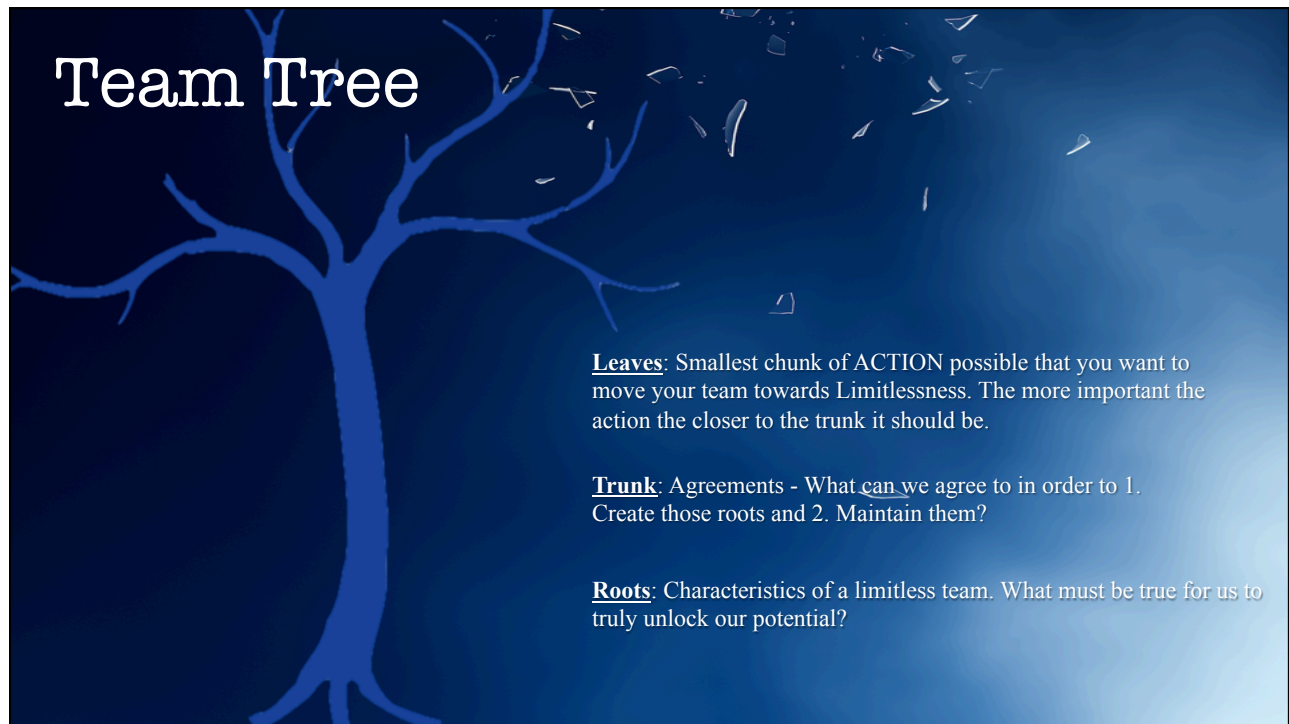
Building Muscles

1. Awareness
2. Introspection
3. Self Trust
4. Self Acceptance



Building Muscles...For Your Team

1. Awareness
2. Introspection
3. Self Team Trust
4. Self Team Acceptance

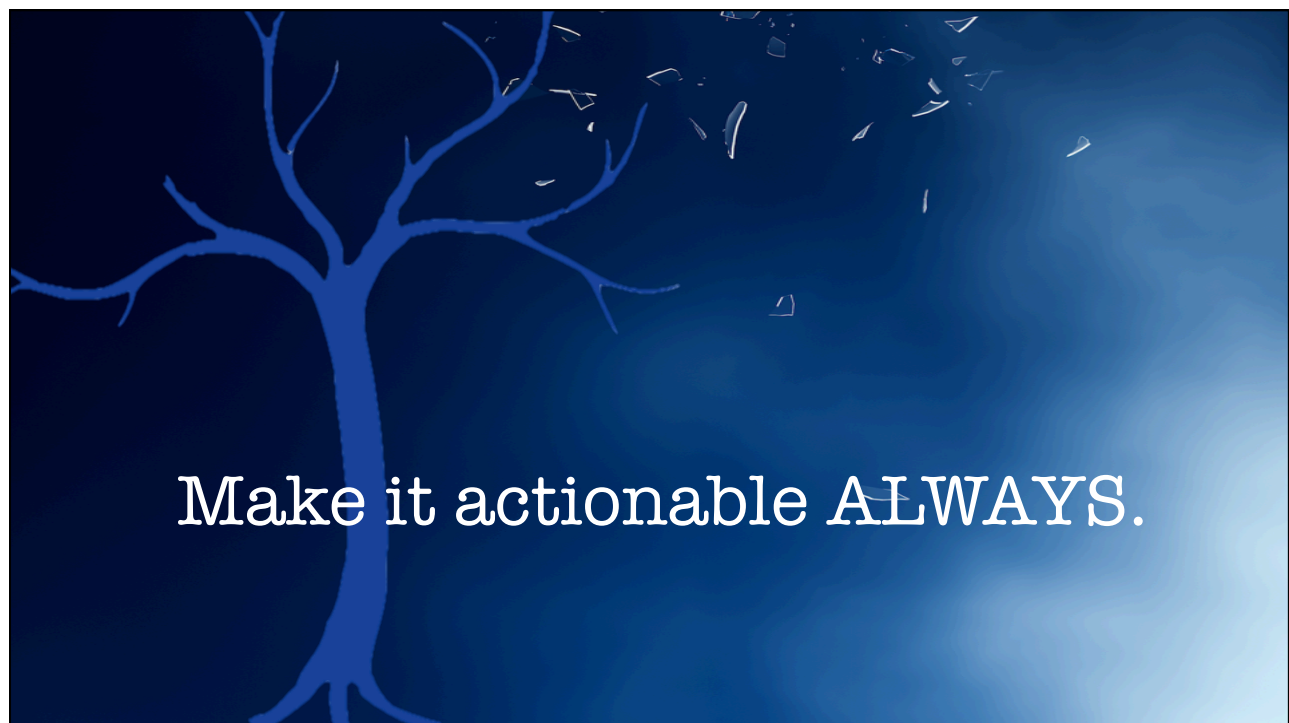


Team Tree

Leaves: Smallest chunk of ACTION possible that you want to move your team towards Limitlessness. The more important the action the closer to the trunk it should be.

Trunk: Agreements - What can we agree to in order to 1. Create those roots and 2. Maintain them?

Roots: Characteristics of a limitless team. What must be true for us to truly unlock our potential?



Make it actionable ALWAYS.



1. Awareness
2. Introspection
3. Trust
4. Acceptance

Limitless By CHOICE

**JUST YOUR TEAM
ALL YOUR TEAM
ALWAYS
NO EXCEPTIONS!**





Questions??